

# GH<sub>2</sub>O AQUATIC CENTER RULES

## GENERAL POOL RULES

1. **No Refunds** on daily fees.
2. Members are required to show identification to enter the pool.
3. The facility is not responsible for any lost or stolen articles.
4. Proper swimwear is required – suits must have an inner lining.
5. **No cutoffs or athletic shorts are allowed in the pool.**
6. All patrons entering the facility are required to present a pass or pay the daily fee.
7. All children 8 and under must be accompanied by a responsible person at least 14 years of age.
8. Patrons exhibiting dangerous/inappropriate behavior, such as running, pushing, wrestling or splashing are subject to removal.
9. Floatation devices are not allowed in the lap pool unless medically necessary and US Coast Guard approved. Toys/floatation devices **may** be used in zero depth areas.
10. Use of masks, fins or snorkels is not allowed during open swim. Swim goggles are allowed.
11. Outside food & beverages may not be brought into the facility. Food and beverages are available at the concession stand and may only be eaten in designated areas.
12. No glass or metal objects, which may be hazardous, are allowed in the pool area.
13. A 15 minute safety break for adult swim will be held at 45 minutes past every hour.
14. Swimmers under the age of 18 must leave the water and remain at least 5 feet from the side of the pool. Children under the age of 3 will also be allowed in the main pool during 15 minute adult swim with an adult on a one-to-one basis.
15. Lounge chairs must be kept at least 6 feet from the edge and gutters of the pool, including the zero depth area.
16. The lounge chairs are reserved for adults and those patrons interested in sunbathing. Personal lounge chairs may be brought in and used in specific areas only.

## POOL MEMBERSHIP INFORMATION

Your best value for swimming continues to be through the use of pool passes.

1. Children under the age of 3 are not required to have a pass.
2. Proof of residency, such as a water bill or drivers license, will be required.
3. See brochure for Aquatic Center Special Events. Some of these events are free to pass holders.
4. Pass holders have priority entrance to the Aquatic Center.
5. Pass holders also receive discounts on swim team, swim lessons, surf club, pool rentals/parties, summer camps & fitness memberships.
6. **No Refunds are issued for pool passes.**
7. Pool pass replacement cost \$5.

## SLIDE RULES

1. Children under 48 inches tall are not permitted on this ride (check the height sign).
2. Swimwear with exposed zippers, buckles, rivets or metal ornamentation are not permitted.
3. Only one rider may enter the flume at a time.
4. Slide must be ridden feet first lying on your back or in sitting position.
5. Riders must wait for the attendants to signal before starting the ride.
6. Keep arms and hands inside the flume at all times.
7. Do not run, dive, stand, kneel, rotate or stop in the slide.
8. At the end of the slide, obey all instructions of the lifeguard and exit quickly.
9. No glasses, goggles or diving masks are permitted on the slide.

**CAUTION: For safety reasons, pregnant women and persons with heart conditions or back trouble should not ride this slide without first consulting a doctor.**

## FLOWRIDER® SAFETY RULES AND PROCEDURES

This is a very strenuous ride.

Riders must be able to swim in turbulent moving water.

- Flow/bodyboarding or body surfing this sheet wave is a body-active, participatory sport. As with all sports, care must be taken to avoid injury.
- Riders must be in good physical condition and free from any physical limitations to participate. Pregnant women and persons with a history of heart, back, neck, shoulder, or joint problems should not ride.
- **CAUTION!** The ride surface is very slippery.
- Riders must be at least 42 inches tall to participate.
- Riders must be barefoot.
- The flowing water may pull off bathing suit tops, bottoms, and loose clothing. Cover ups are suggested.
- Jewelry, hats, eye glasses, or loose articles of any type are not recommended on the ride as they may injure the participant or damage the ride surface.
- Bodyboarding: When instructed by the Wave Attendant, place your bodyboard into the launch ramp, slick side down. Lie down with your stomach on the bodyboard, head first, with your hips along the rear edge of the board. Your legs should be extended straight behind you. Your hands should grab the forward rails of the board.
- Flowboarding: When instructed by the Wave Attendant, position your front foot onto the flowboard approximately 16 inches from the front of the board and place your back foot approximately four inches from the tail of the board. Place your weight primarily on your back foot.
- Guests **may not** drop in from the top when surfing.
- Avoid jumping into or entering the ride at high speeds - **YOU WILL WIPE OUT!**
- Steer your flow/bodyboard into the center of the flowing water. You can control your board by gently shifting your weight. Obey the Wave Staff at all times.
- Single riding only is permitted. NO tandem riders or multiple riding is allowed.
- Horseplay and daredevil stunts are not permitted.